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Interdental Aides

Interdental cleaners: This type of cleaner works well for patients who have large spaces between their teeth or are missing teeth. There are a variety of different types available. Some cleaner's look like a tiny brush, others are skinny and toothpick shaped. Interdental cleaners may also be helpful for cleaning around orthodontic wires and bands.

IE: Butler Brand Gum Proxy brush, Butler Brand Gum Soft Picks.

Oral Irrigators: This type of cleaner is an electrical device. They can be used with plain water or an additive such as a mouthwash or prescription mouth rinse to deliver medicine into hard to reach areas. A steady or pulsating stream is produced, helping to flush between teeth and remove food and debris in pockets between teeth.

IE: Sonicare Brand, WaterPik Brand, Via Jet Brand.

Interdental tip: This type of cleaner is made of flexible rubber. It can be used to help clean between the teeth and just below the gumline. Plaque and bits of food can be removed by gently running the tip along the gumline.

IE: G.U.M Gingival Rubber Stimulator, Oral-B Brand Gum Stimulator.

Mouthwashes and rinses: Over the counter rinses are available to help freshen breath, help reduce bacteria and loosen plaque in the mouth or to deliver topical fluoride. Prescription antibacterial mouth rinses and concentrated fluoride rinses are available. Depending upon your needs, some mouth rinses also come in an alcohol free formula.

IE: Listerine Brand Mouthwash, ACT Anti-cavity Fluoride Mouth Rinse, Prescription strength Peridex Mouth rinse.